



# Occupational First-Aid Course with CPR + AED (OFAC)

## COURSE OVERVIEW

The Occupational First Aid Course is designed equip safety personnel with the knowledge in identifying accidents with casualties and to perform first aid skills at the workplace.

## COURSE CONTENT

- Principles and Practice of First Aid
- First Aid Requirements in Factories and other Workplaces
- Wounds, Bleeding & Shock
- Fractures and Soft Tissue Injuries
- Handling and Transportation of the Injured
- Cardio – Pulmonary Resuscitation (CPR) & use of AED
- Breathing Difficulties
- The Unconscious Patient
- Occupational Eye Injuries
- Burn Injuries
- Industrial Toxicology
- Safety & Accident Prevention
- Management of Medical Emergencies.

## WHO SHOULD ATTEND THIS COURSE?

Any individuals with interest in first aid or has been assigned a WSH-related role in the company. Must be physically fit and able to render help to another individual during an emergency.

## PRE-REQUISITES / ASSUMED SKILLS AND KNOWLEDGE

ESS Workplace literacy and numeracy Level 5 and above

**COURSE DURATION:** 23.5 hours (Including 2 hours 40 mins. Assessment) / 3 Days

**ASSESSMENT:** Written Test (MCQ) & Practical Performance/Theory & Practical

**ATTENDANCE:** 75% Required

**PASSING MARK:** 80 %each assessment Mode

**COURSE REFERENCE:** TGS-2018500151

**CERTIFICATION:** Upon successful completion of the course a certificate endorsed by Dynamic Safety Pte Ltd will be issued the participants.

**FUNDING:** SDF Funding available (subject to WSg Terms & Conditions).

**VENUE:** 116 Lavender Street, #02-01, Pek Chuan Building, Singapore 338730.  
(or)  
48 Toh Guan Road East, #04-149 Enterprise Hub, Singapore 608586.

**PRICE:** SGD \$280.00 + GST

## DYNAMIC SAFETY PTE LTD

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