



# Occupational First-Aid Course (Refresher) (OFAC Refresher)

## COURSE OVERVIEW

The Occupational First Aid Course is designed equip safety personnel with the knowledge in identifying accidents with casualties and to perform first aid skills at the workplace.

## COURSE CONTENT

- Principles and Practice of First Aid
- First Aid Requirements in Factories and other Workplaces
- Wounds, Bleeding & Shock
- Fractures and Soft Tissue Injuries
- Handling and Transportation of the Injured
- Cardio – Pulmonary Resuscitation (CPR) & use of AED
- Breathing Difficulties
- The Unconscious Patient
- Occupational Eye Injuries
- Burn Injuries
- Industrial Toxicology
- Safety & Accident Prevention
- Management of Medical Emergencies.

## WHO SHOULD ATTEND THIS COURSE?

Any individuals who have current and valid Occupational First Aid course certificate which is near to renew their expiring Occupational First Aid course certificate, Must be physically fit and able to render help to another individual during an emergency.

## PRE-REQUISITES / ASSUMED SKILLS AND KNOWLEDGE

ESS Workplace literacy and numeracy Level 5 and above

**COURSE DURATION:** 17.5 hours (Including 2 hours 40 mins. Assessment)

**ASSESSMENT:** Written Test (MCQ)/Theory & Practical

**ATTENDANCE:** 100% Required

**PASSING MARK:** 80 %each assessment Mode

**COURSE REFERENCE:** TGS-2020504499

**CERTIFICATION:** Upon successful completion of the course a certificate endorsed by Dynamic Safety Pte Ltd will be issued the participants.

**FUNDING:** NA

**VENUE:** 116 Lavender Street, #02-01, Pek Chuan Building, Singapore 338730.

**PRICE:** SGD \$280.00 + GST

## DYNAMIC SAFETY PTE LTD

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