



Awareness Basic First Aid Course (CPR(HO) + AED) (ABFA)

COURSE OVERVIEW

Before a certified emergency medical service is on the way, first aid awareness is an urgent medical aid provided to accident or ill victims.

Recognize the value of first aid services at work

Be aware of any legal obligations and the bare minimum first aid requirements

Follow the right procedures while assisting someone who has been hurt in an accident or event.

Adhere to the proper action plan in cases of accidents and crises at work.

The training helps students comprehend the distinction between life and death and lessens the suffering of those who are hurt.

COURSE CONTENT

Basic hygiene and infection control in first aid

Incident assessment

Primary survey

Secondary assessment

Recovery position, and dealing with an unresponsive casualty are among the roles and responsibilities of the first aider

Resuscitation and CPR

Wounds and bleeding control

Agonal gasping

Ventilation/Resuscitation Aids
Airways obstruction: choking
Shock.

WHO SHOULD ATTEND THIS COURSE?

Those employees or individuals who wish to learn how to react calmly and successfully in an emergency should take this course.

PRE-REQUISITES / ASSUMED SKILLS AND KNOWLEDGE

ESS Workplace literacy and numeracy Level 5 and above.

COURSE DURATION: 8 Hours (Including 1 Hour Assessment)

ASSESSMENT: Written Test & Practical Performance/Theory & Practical

ATTENDANCE: 100% Required

PASSING MARK: 70% each assessment Mode

CERTIFICATION: Upon completion of the course, a Certificate of Competency endorsed by Dynamic Safety Pte Ltd.

FUNDING: SDF Funding available (subject to WSg Terms & Conditions).

VENUE: 116 Lavender Street, #02-01, Pek Chuan Building, Singapore 338730.
(or)

48 Toh Guan Road East, #04-149 Enterprise Hub, Singapore 608586.

PRICE: SGD \$150.00 + GST

DYNAMIC SAFETY PTE LTD

116 Lavender Street, #02-01, Pek Chuan Building, Singapore 338730.

Phone: +65 6341 7344 Fax: +65 6341 5095

Email: contact@dynamicasafety.com.sg

Web: www.dynamicsafety.com.sg